Activity Idea

Safe in the Car

Share with the children that they’re learning... that it’s important to sit in a car seat or booster seat in the car.

Organisation:
Sit the children in a circle, or within their own space.

Activity:
Learn this rhyme with the children, (it can be sung to the tune of Mary Mary Quite Contrary). As you sing it mime the actions...

Mum opens the door
we climb in the car
and sit in our safe car seat (or booster seat)
we sit up straight.
Mum clicks us in,
we’re safe to drive down the street.

Now ask the children to get up and pretend to drive around the space.
They’ll need to look and listen carefully as they go! Then sing...

Mum stops the car
pulls on the brake
and we look all around.
Mum clicks us out
we climb out the car
we’ve got home safe and sound.

- The rhyme can be customised with Mum, Dad, Gran or other named adults as appropriate.
- You can develop the activity by adding other actions when they’re pretending to drive such as stopping at traffic lights, slowing down as they pass busy streets, speeding up as they travel on the motorway.
- To add variety the children could pretend to be driving different types of vehicles.
- At the end of the activity discuss the importance of using a car seat or booster seat in a car. Look back at the story of Ziggy Visits Granny. What happened to Maggie’s toy dog Sausage when the car skidded on ice? Why did this happen?

Suggested Links to Curriculum for Excellence:
- I am learning to assess and manage risk, to protect myself and others, and to reduce the potential for harm where possible. HWB 0-16a